

**A Sound Mind in  
a Sound Body!**

*Why I chose  
teaching  
as a career*

*If I were a director of our school ...*

**Technology: good or bad?**







*What is a sport? It's a hobby, an interest, a habit, a passion or even a life. Many men, many minds. And each point of view can be easily justified. Some people go in for sports to keep fit, some look upon it as a part of a daily routine, others see it as a leisure activity, for somebody it's a source of income or a way to prove to yourself that you are worthwhile.*

### **TeenLife**

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# WE ARE FOR HEALTHY WAY OF LIFE!

## My football life

My friend Dasha and I came to the sport club Atlant in 2009. We liked to watch football matches on TV and play football in the yard. So we wanted to try ourselves in such kind of sports. The Club was formed a long time ago. It appeared in the 1970th. At first it dealt with the boys only. Girls have played football there for 10 years.

I've already played football for four years. We have a very good and caring coach. His name is Stepan Berezin. We love him a lot. Our team consists of ten girls. We are very friendly and always help each other. We enjoy football very much. We practice every day.



Our team of girls always win prizes at the local and regional competitions. We often go to the matches to other cities (Tyumen, Revda, Anapa, Moscow). I like to meet with girls from other

teams in different cities. We became friends with them and chat.

In 2011, our team won the prize among schools of our city, then regional competitions among schools. And got a ticket to the final to Moscow. The final became the best school team in Russia. The competition was very difficult. We worked hard and wanted to win. Our coach and we won the 1st place and became champions of Russian futsal! We were very happy that our school became famous around the whole country!

This year we have won the 1st place in the Urals and West Siberia. In spring holidays we will go to the final Russian mini-football to Volgograd. We will try to show a good game.

We continue to train, to succeed in the new competitions and to make our coaches and parents happy with our victories. I like my sport interests so much and will go faraway. Football is not just a hobby – this is my life!

*Anna Shamaeva, 7 D*





# NO GAIN WITHOUT PAIN !

## Polyathlon

Hockey, swimming, soccer ... Everybody chooses his own sport. My favourite sport is a polyathlon.

It is very hard, but interesting sport. Polyathlon includes five different kinds of sport: athletics, swimming, shooting, skiing, throwing grenades.

I have been doing sport for ten years. I have the high sports rank – candidate to master of sports. I like to do different exercise, to take part in competitions and to win them)))

I wish everyone every success in sport and life. Do sports and be healthy.

**Roman Suchilov, 11C**



## Sambo

Sambo is a Russian martial art and combat sport. "SAMBO" is an acronym for **SAM**ooborona **Bez** **Oruzhiya**, which literally translates as "self-defense without weapons".



Sambo is relatively modern since its development began in the early 1920s by the Soviet Red Army to improve their hand-to-hand combat abilities. Intended to be a merger of the most effective

techniques of other martial arts, Sambo has roots in Japanese judo, international styles of wrestling, plus traditional folk styles of wrestling of different countries.

The pioneers of Sambo were Viktor Spiridonov and Vasili Oshchepkov.

**Sergey Popov, 9D**

## I ADORE GYMNASTICS!

We all need exercise. This is true for young people as well as for adults.

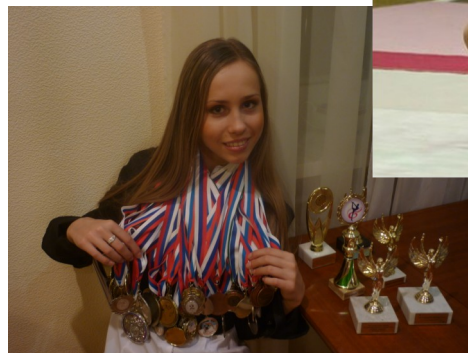
As long as I can remember myself I was always keen on gymnastics. I am going in for gymnastics for 9 years. My first trainer was Dina Rashitovna Koryukova. She makes me to love this sport. I love gymnastics with its old noble traditions.

Rhythmic gymnastics is a form of gymnastics emphasizing dance-like rhythmic routines, typically accentuated by the use of ribbons or hoops. Rhythmic gymnastics is a blend of dance, drama, and music. Gymnastics not only help me to be strong and nice and to develop physically but also makes me more organized and better disciplined in my daily activities.

I took part in many competitions in different cities of Russia: Kirov, Omsk, Kazan, Ivanovo, Ufa, Chelyabinsk, Kamensk-Uralskii, Nizhnii Tagil, Magnitogorsk, etc. Now my trainer is Oksana Narimanovna Hristyanovich. I respect and admire her! I became the winner and prize-winner in All-Russia competitions for many times.

I love sport and I admire gymnastics!

**Kristina Panzhenskaya, 8C**





# Sport as I can see it ...

People all over the world are fond of sports and games. Sport makes people healthy, keeps them fit, more organized and better disciplined. It unites people of different classes and nationalities.

Many people do sports on their personal initiative. As for me, I like mountain skiing, skating and cycling.

On the eve of Epiphany it's customary to make holy water at the church and wash yourself with this water.



Many people connect this holiday with the beginning of the strongest frost, called "Epiphany frosts". The most decisive men practice bathing in the ice-hole, cut out in the form of a cross. For such brave people the best presents for this holiday will be soft towels. I also take part in this action.

I am for the healthy life!

**M.S.Bodrova**

What is a sport? It's a hobby, an interest, a habit, a passion or even a life. Many men, many minds. And each point of view can be easily justified. Some people go in for sports to keep fit, some look upon it as a part of a daily routine, others see it as a leisure activity, for somebody it's a source of income or a way to prove to yourself that you are worthwhile.

I have never been too much of a sports girl. Nevertheless sports have never been left out of my life. It all started at the school PE lessons, even earlier. I first tried skating at the age of 5. There was a skating rink in our yard which made it next to impossible for the kids living nearby to stay at home on frosty winter days. There were many of us going out and skating on and on for hours. Then we didn't have computers or the internet, so we actually got together to play or else face to face, not in facebook or otherwise online. In summer we swam, played football or volleyball and such like.

Further on I came to like skis, as an amateur of course. At school and then after school it was nice to have a ski walk in the park. Then biathlon became really popular in our country and I turned into its fan. Figure skating figured prominently as well.

At present sport is still a part of my life. Morning gymnastics helps me to keep fit and feel energetic throughout the whole day. There is nothing special in it but the effect really shows.

**N.N.Shadrina**

Going in for sport is always fun, but often you don't have so much time to do it. My dream was always to be in a sport life in a professional level. Unfortunately it wasn't come true. I hope my future children will do it instead of me one day. They will visit different sport clubs and achieve good results and get medals.

In my childhood my mother tried to involve me in some kinds of sports such as ballet-dancing and gymnastics. When I studied at school I took part in skiing competitions and enjoyed skating so do I nowadays. Being a teacher at school I participate in sport events for teachers.

For instance in February teachers from our school skated in Uralmash sport school. That was exciting! Our English teacher Bodrova Marina Sergeevna and I tried to take not a bad result and trained at the weekends. Also there were skiing, basketball and darts games among teachers of Yekaterinburg. And what's more emotional, swimming "fight" is coming. J There will be on spring holidays. A 50 meters swimming pool and our luck will wait for us! We'll try to be in first rows.

I consider you know an axiom: "Sport makes people healthy". It's true. Eat more vegetables and fruit, don't abuse fast food and do sports. I'm absolutely sure that doing sports is the best way to keep fit. I try to use training equipment when I have a possibility, for example in hotels or in my friend's flat and I'm going to buy this useful thing for myself.

I'm interested in different kinds of sports (a spectator or a participant). Watching sport games on TV or be-



ing a sportsman is very interesting. In a professional way it needs a great strength and much time and every person decide for himself what to choose: a healthy body and fame or a free life without obligation.

**M.I.Shikhovtseva**

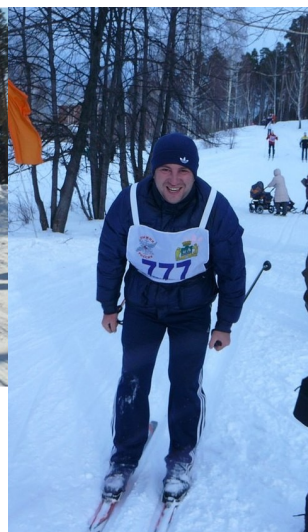


# SPORT IS MY HOBBY

I love sports. I have been going in for rhythmic gymnastics for 12 years. I like it very much! Rhythmic gymnastics is a very beautiful, but very heavy and dangerous sport. I like to take part in competition, especially to win. Sport is my life!

I want to encourage all people to do sports, because it is very interesting!

*Julia Ivanova, 10B*





# OUR GUESTS

*Our schoolmates who learn the German language write about their sport activities*

## Sport

Ich treibe professionell keinen Sport. Nur für sich. Ich gehe ins Fitnessstudio und mache alle möglichen Übungen zu Hause. Im Sommer laufe ich jeden Tag früh am Morgen. Und als ich 9 Jahre alt war, ging ich tanzen. Ich möchte Ihnen über meine Klasse erzählen. Meine Klasse treibt sehr aktiv Sport. Das dritte Jahr am "Tag der Gesundheit" haben wir den ersten Platz belegt. Fast die ganze Klasse geht zum Wettbewerb "Gelaendelauf der Nation" und "Ski Track of Russia". Meine Klassenkameraden und ich nehmen immer an sportlichen Wettbewerben teil. Im Fußballwettbewerb für Mädchen aus der 9-10 Klassen war unsere Mannschaft die dritte. Bei den Basketballwettkämpfen belegten unsere Mädchen den 2. Platz. Bald beginnen Volleyballwettkämpfe, und wir werden alles Mögliche unternehmen, alle besten Plätze zu belegen.

**Helene Gorodilina, 10W**



## Irländischen Tänz



Meine Vorliebe zum Tanzen konnte man schon in der frühen Kindheit bemerken. Im Kindergarten machten mir die Bühnenaufführungen ein großes Vergnügen. Das haben meine Eltern bemerkt und haben mich zu einem Choreographen gebracht. Als ich meine erste choreographische Bildung bekommen hatte, beschloß ich, mein Studium fortzusetzen, aber in einem spezifischen Tanz – im irländischen Step

In einem Jahr begann ich schon, in der Gruppe der professionellen Tänzer zu arbeiten. Ich arbeite jetzt in der Grundgruppe. Ich bin die jüngste unter den Tänzern.

Unsere Gruppe hatte viele Gastspiele in Rußland und im Ausland. In diesem Jahr waren wir einige Male in Sankt-Petersburg, Moskau, Ufa, Salzburg und Prag. Jetzt bereiten wir uns zum Weltwettkampf in Krakow vor.

Mein Hobby entwickelt auch meinen Charakter. Ich muss regelmäßig Schwierigkeiten überwinden. Ich muss an vielen Einzelheiten des Tanzes ständig arbeiten, stundenlang am Wandgestell trainieren.

Tänze bedeuten für mich nicht nur Zeitvertreib. Tänze sind etwas Größeres. Der strenge Tagesablauf hilft mir nicht nur beim Lernen in der Schule, sondern auch bei anderen Beschäftigungen. Ich kann nicht einfach auf dem Sofa sitzen. Ich will und kann nicht nur einen Tag, sondern mein ganzes Leben interessant verbringen. Ich habe gelernt, einen Arbeitstag so organisieren, dass ich Zeit für alles habe. So leben alle in meinem Tanzkollektiv.



**Anna Shevchenko, 9B**

# I like football!

## My Favourite Sportsman



The year of 2013 is the last year for the preparation of our country for the XXII Olympic Winter Games. But it will only be the following year, and awaiting so important an event we should not forget about the current no

less significant events in the sport. And what is the most popular sport in the world? Of course, football! That's why today I would like to tell you about the annual continental club football competition organized by the Union of European Football Associations (UEFA) – **The UEFA Champions League**. It is one of the most prestigious tournaments in the world and the most prestigious club competition in European football. This year it is the 58 season of the tournament which runs from September 1, 2012 until May 25, 2013. The final will be played at the Wembley Stadium in London, England. There are 76 teams-participants in the season 2012-2013. The League's games consist of many stages and rounds. At the moment there are 2 rounds to the final. The favorite teams of this stage are



«Real Madrid», «Manchester», «Arsenal», «Milan» and «Barcelona». Despite of the fact that «Barcelona» has not performed so well as has been expected it is still one of the favorites in the League.

As for me this team is one of the best in Europe thanks to such footballers las

**Lionel Andres Messi** – an argentinian footballer who is currently playing for the Spanish «Barcelona», the captain of Argentina. Messi was an Olympic champion in 2008 and the best player and top scorer of the tournament in 2005. The «Barcelona» is the five times champion of Spain. In 2009 Lionel Messi was named the best player of the year in the club in European football UEFA and the best striker in the Champions League.

Messi won the «Golden Ball» in 2009 as the best footballer in Europe. On December 19, 2009 in Abu Dhabi Messi became the champion of the World Cup as he scored the winning goal in the final game. On December 21, 2009 Lionel Messi received another award of the «Diamond Ball» becoming the best player of 2009 by FIFA.

On January 10, 2011 Lionel Messi was named the best player in the world in 2010. Messi became the first winner of the «Golden Ball FIFA», a combined award of the French Football and FIFA. Messi left behind his «Barcelona» teammates Xavi Hernandez and Andres Iniesta. On August 25, 2011 Messi was awarded as the best player in Europe by UEFA. Lionel Messi was ahead of his

teammate Xavi and Cristiano Ronaldo of «Real». On January 9, 2012 Messi again received the «Golden Ball FIFA» outgoing Xavi and Cristiano Ronaldo.

On March 20, 2012 Lionel Messi scored 3 goals in the Spanish La Liga match against FC «Granada» at the Camp Nou stadium, thus setting a record performance in all official matches of «Barcelona», scoring in total 234 goals. The previous record belonging to Cesar Rodriguez was 232 goals, the «Barcelona» owing it for 50 years of the twentieth century.



On January 7, 2013 Lionel Messi became the first player in history ever to receive the «Golden Ball» four times. The voting of the coaches and captains of the national teams in the world, as well as the voting of journalists from the leading sports media shows that the 25-year-old Argentinian is ahead of his teammate Spanish Andres Iniesta, as well as the leader of the «Real» Madrid and Portuguese international Cristiano Ronaldo.

Let's hope that Messi and «Barcelona» will continue to delight us with beautiful victories despite of their small previous losses in the League. I wish them good luck and victory!

*Grisha Aydartsyan, 5B*





# OLYMPIC GAMES

## ANCIENT OLYMPIC GAMES

According to historical records, the first ancient Olympic Games can be traced back to 776 BC. They were dedicated to the Olympian gods and were staged on the ancient plains of Olympia. They continued for nearly 12 centuries, until Emperor Theodosius decreed in 393 A.D. that all such "pagan cults" be banned.

Olympia, the site of the ancient Olympic Games, is in the western part of the Peloponnese which, according to Greek mythology, is the island of "Pelops", the founder of the Olympic Games. Imposing temples, votive buildings, elaborate shrines and ancient sporting facilities were combined in a site of unique natural and mystical beauty. Olympia functioned as a meeting place for worship and other religious and political practices as early as the 10th century B.C. The central part of Olympia was dominated by the majestic temple of Zeus.

The Olympic victor received his first awards immediately after the competition. Following the announcement of the winner's name by the herald, a Hellanodikis (Greek judge) would place a palm branch in his hands, while the spectators cheered and threw flowers to him. Red ribbons were tied on his head and hands as a mark of victory.



*Athens.*

*Ancient Olympic Stadium.*

*Athens. There are marble slabs at the stadium, where everyone can see the names of the cities – hosts for the Olympic Games of the modern times.*

**E.V.Vatoropina**

## 1980 Moscow Olympic Games

The 1980 Moscow Olympics are perhaps most famous for the US-led boycott that saw only 80 out of 147 nations compete, the lowest number since the 1956 Melbourne Games. The boycott was made in protest of the Soviet invasion of Afghanistan the year before, one of the many conflicts that took place as the Americans and Russians battled by proxy during the Cold War years. Allies such as Britain and France also condemned the invasion but allowed their athletes to compete nonetheless.



The games turned out to be a tremendous showcase for the Soviet athletes who, with the help of their home soil and partisan crowd, raked in a staggering 195 medals, 80 of which glittered gold. East Germany came second overall, hauling in 126, and Bulgaria were a distant third with 41. Thirty-six World Records and seventy-nine Olympic Records were set during the competition.

Highlights of the Games included the virtuoso gymnastic displays of Aleksandr Dityatin, (USSR) who won eight medals, including gold in the team events, the individual event and the rings event. He also won silver medals in the vault, parallel bars, fixed bar and pommel horse, and the bronze medal in the floor exercises.

Another Soviet star was Vladimir Salnikov, who won three gold medals, in the 400m freestyle, 4200m relay and 1,500m. Eight years later, he made an extraordinary comeback by winning the 1,500m again!

Olympic symbol was a bear. Everybody liked it!

So each Olympiad the size of the Olympic games has been growing in the scale of competition, number of competitors, and size of the audience watching them – live, by television, or by internet.

**Maxim Sorkin, 7A**

## 2014 Winter Olympics

The Olympic Games are the most important sporting event in the world.

The 2014 Winter Olympics, officially the XXII Olympic Winter Games, or the 22nd Winter Olympics, will be celebrated from 7 to 23 February 2014, in Sochi, Russia, with some events held in the resort town of Krasnaya Polyana. Ninety-eight events in fifteen winter sports will be held. Both the Olympic and Paralympic Games are being organized by the Sochi Organizing Committee (SOC).

Sochi was selected as the host city on 4 July 2007 during the 119th IOC Session in Guatemala City defeating bids from Salzburg, Austria; and Pyeongchang, South Korea. The Sochi Olympics are the first Winter Olympics (and first Olympics altogether) for the Russian Federation, as the 1980 Summer Olympics in Moscow were in the Soviet Union.

Construction in preparation for the Games involves the building of new venues; and modernizing the telecommunications, power, and transport infrastructure of the area. This will include the construction of a new Olympic Park by the Black Sea coast in the Imeretin Valley, with venues clustered around a central area. The venues in Krasnaya Polyana will also be new.

On 26 February 2011, at 11.20 pm (GMT+3) the final results of the public vote during the live television show "Talismaniya Sochi 2014 – The Final" were announced on the first Channel. The election council made the decision that the top-three characters with the maximum number of votes would all become the Olympic Winter Games mascots!

The Leopard, the Hare, the Polar Bear, the Hare:



*100 Russian rubles issued in 2013, printed in memory of the Olympic Games in Sochi-2014.*



## XXX Olympic Games



XXX Olympic Games were held in London from 27 July to 12 August 2012. London became the first city hosted for the Games for the third time. Earlier Olympic Games were held in Britain in 1908 and 1948.

The competition held in 26 sports and 39 sports disciplines. The opening ceremony took place on July 27 at a new, specially built for the games 80000th Olympic Stadium and it was called "The Island of Wonders" (Eng. The Isles of Wonder). The Director of the ceremony is Danny Boyle. The Game was opened by the British Queen Elizabeth II. 20-minute section of Mike Oldfield played an instrumental composition Tubular Bells. At the end of the opening was made by Paul McCartney with songs «The End» and «Hey Jude».

The closing ceremony of the Olympic Games, which was called the "Symphony of British music", was held on August 12 at the Olympic Stadium. By tradition, the ceremony was handed the Olympic flag to the mayor of the capital next summer Olympics. At the ceremony were: One Direction, Pet Shop Boys, Kaiser Chiefs, George Michael, Annie Lennox, Nick Mason, and Mike Rutherford, Jessie J, Russell Brand, Fatboy Slim, Spice Girls, Beady Eye, Eric Idle, Muse, Queen, Take That, The Who and others.

Games mascots were announced May 19, 2010. They were, according to the authors, two drops of steel from Bolton called Wenlock and Mandeville. They are named after the town of Much Wenlock, in which were the first competitions like the Olympic Games, and the hospital campus Stoke Mandeville, where the first event in the UK such as the Paralympic Games. Both mascots in one eye, and they are painted with logos Games (at Wenlock - Olympic logo, on Mandeville – Paralympics).

These charms are all over the city and all of them are photographed the most famous which costs about Thames opposite Big Ben. There were constructions of new buildings and stadiums, stores in the open air. At the Tower Bridge there were the rings as a symbol of all Olympiads. But especially the city was not changed at least I have not seen it to others. I liked it very much.

*Evgenii Tolstenkov, 7A*

*Maxim Andreev, 7B*



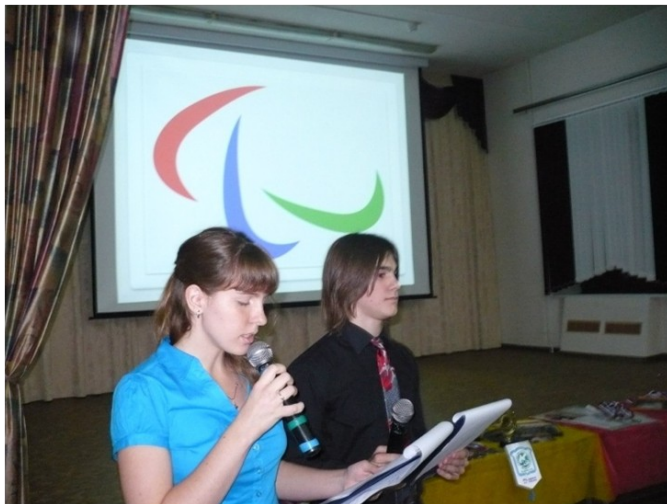
# Projects. Investigations

**School education is a very important part of general education in a modern society.**

**We held a survey of senior pupils and teachers.**

**The questions were the following:**

- **Are you satisfied with the quality and the volume of knowledge, getting at school?**
- **What country has the highest level of education?**
- **What disadvantages does our school have?**
- **Would you like to study abroad?**
- **What country would you like to study in?**



According to the results of the questionnaire only 12% of our students are completely satisfied with the quality and volume of knowledge, that they get at school. More than a half of students (55%) said that they are rather satisfied than not. 21 % of the interviewed are likely to be dissatisfied. 6 % of the respondents are not pleased with the education, given them at school.

An average Russian considers the level of school education abroad much more higher. 70 % of the respondents suppose that the quality of education in Western Europe is better than in Russia.

About 18 % of students prefer school education in the USA to school education in other countries. Only 12 % of the respondents think that school education in the Russian Federation is the best. Most students (75%) would like to study abroad.

48% of the students would prefer to study in England. If 36 % of the interviewed had a chance they would study in the USA. About 8% of the respondents are willing to study in the Czech Republic. 4% of our schoolmates would be glad to study in Canada and in Western Europe.

33% of our schoolmates think that the most important disadvantage of our school uninteresting subjects and uninteresting teaching of some teachers. 28% of them consider insufficient amount of modern equipment (including computers) to be the main problem. 9% of the respondents think that teaching doesn't meet requirements.

9% of them share the opinion that there are no disadvantages at all. 6% of students suppose that discipline is extremely regulated. 6% of them guess that there are some useless subjects at school. About 3% of respondents have a point of view that we need school uniform.

Only 27% of our teachers are satisfied with our school education. Most teachers (60%) are rather pleased with our school standards than not. It was difficult for 7% of the interviewed to answer this question. About 6% are likely to be unsatisfied.

67 % of the teachers consider the level of school education to be higher in Russia. About 33% of them suppose that school education is better in Western Europe. No one think that the best school education is in the USA. 22% of the respondents suppose that there are no disadvantages at our school. 20% of the teachers think that the main problem of our school is insufficient amount of modern equipment.

15% of the interviewed share the opinion that the weakest aspects of our school system are too strict regulations. 15% of the respondents consider lazy pupils, having difficulties with studying to be the main problem. 7% of them suppose that uninteresting teaching is considered to be a barrier to educational process. 7 % of the teachers think that pupils of our school are too busy with their obligations they have to follow. 7 % of them think that it is necessary to expand the territory of the sports gym. 7 % of them suppose that more hours on complicated subjects are required.

***Evgenia Mikhailenko, Anastasia Chufarova, 10C***

# If I were a director of our school ...

**We asked our schoolmates to tell about their favourite teachers and subjects and what they would change in our school if they were teachers or a director of the school.**

*Director of the school is a very important and responsible person. He manages and controls the school every day. If I were a director of the school I would introduce a school uniform, because it creates a beautiful design of a school. Also it is prestigious. The beginning of the school would be at 9:00 am, because 8:00 am is very early for pupils. I would have thought the situation with our the school canteen: each class should eat at certain time, to avoid queues. We should use modern technologies in education. In high school, since the tenth form, students should choose which subjects to study in depth. It would be very useful for students, because they would study subjects they would pass exams. I believe that these changes will benefit the work of the school.*

*If I were a teacher I would try to create such atmosphere, when all students want to get knowledge.*

*My favourite school subject is Biology so in my ideal school I would like to have this subject every day. It is a good idea to have more practice and different researches or projects. Sports, Music, Arts should be the main subjects and the teachers have to be friendly, happy and experienced. And they have to be well paid! If I were a director of the school I would introduce a school uniform, because it creates a beautiful design of a school. Also it is prestigious. In high school, since the tenth form, students should choose which subjects to study in depth. It would be very useful for students, because they would study subjects they would pass exams. In the school of my dream I would also include more excursions and school trips in the schedule. I think it is very important to travel with classmates and to share impressions.*

*If I were a director or a teacher of our school I'd organize a music club, where we could sing every day. And during the breaks all the pupils will be able to sing and dance! I like music! I like sport. I am for healthy way of life. There is a football section in our school. Our football team is a champion of Russia. If I were a director I would make a hockey section too, because many of my friends love hockey. I wouldn't start every lesson with checking homework. I'd ask children about their health, temper, about their pets for example. Then, I would make the breaks between lessons longer. The next step is holidays. Summer holidays are long enough but I would make autumn, winter and spring holidays longer to let pupils to spend more time out or to travel.*

*My favourite lesson is English. It's important for me because I want to communicate with people in English. Our teacher tells us many interesting facts from the history and culture of England, America, Australia and other English-speaking countries. Recently we have read about beautiful sights of London, its parks and museums, cathedrals and bridges, customs and traditions of Britain.*

*If I were an official of our school I would make a swimming pool, expand a canteen and auditoriums. I would like to organize a music club and hire more workers.*

*If I were a director of school I would organize a hockey section and shower room in the sports gym, expand medical office.*



*If I were a director or a teacher of our school I would take into consideration all students' opinions and wishes. Also I would encourage them.*





# Projects. Investigations

## Welcome to Ekaterinburg!

Ekaterinburg is our native town. It has got an interesting history. It is the capital of the Urals – one of the biggest and the most important and beautiful parts of our country.

The Ural Mountains are a magnificent museum of geology created by nature: almost all the elements from Mendeleev's classification table can be found there. The Sverdlovsk region occupies a prominent place on the industrial map of the country. The economic potential of the Middle Urals is very high: there are 740 industrial enterprises and 350 construction organizations here.

But the Urals is famous not only for its industry. There are many beautiful places in our region: more than 15% of all Russia's forests, clean rivers, 30 thousand lakes, rocks and mountains.

Visitors to Ekaterinburg are always warmly welcomed by citizens and can visit a lot of places of interest, such as the Museum of Regional Ethnography, the Geological Museum, the Opera House, the Drama Theatre, the Circus etc.



To find out what our schoolmates know about Ekaterinburg and the Urals, what places they have visited and how they get information about interesting places of our city and region we questioned our schoolmates. 40 pupils from 6 – 8 forms were asked.

The questions were the following:

- What interesting places of Yekaterinburg do you know?
- If your friend comes to your native town, what interesting places would you like to show him/her first of all (not more than 3)?
- What do you think are the most interesting and significant sights in the Urals?
- How have you learnt about these sights?
- Would you like to learn more information about you native town and region at school?



According to the results of the questionnaire there are few informative and educational programs about our native town and region on TV. Our schoolmates are interested in history and culture of the Urals and would like to have more lessons about it. They suggest to make youth organizations and clubs to save the sights, monuments, parks of our city and region and to study our Motherland.

The place we live in is rich in sights, and we are proud of our motherland. Our schoolmates enjoy traveling and going on a hike around Yekaterinburg and the Urals.

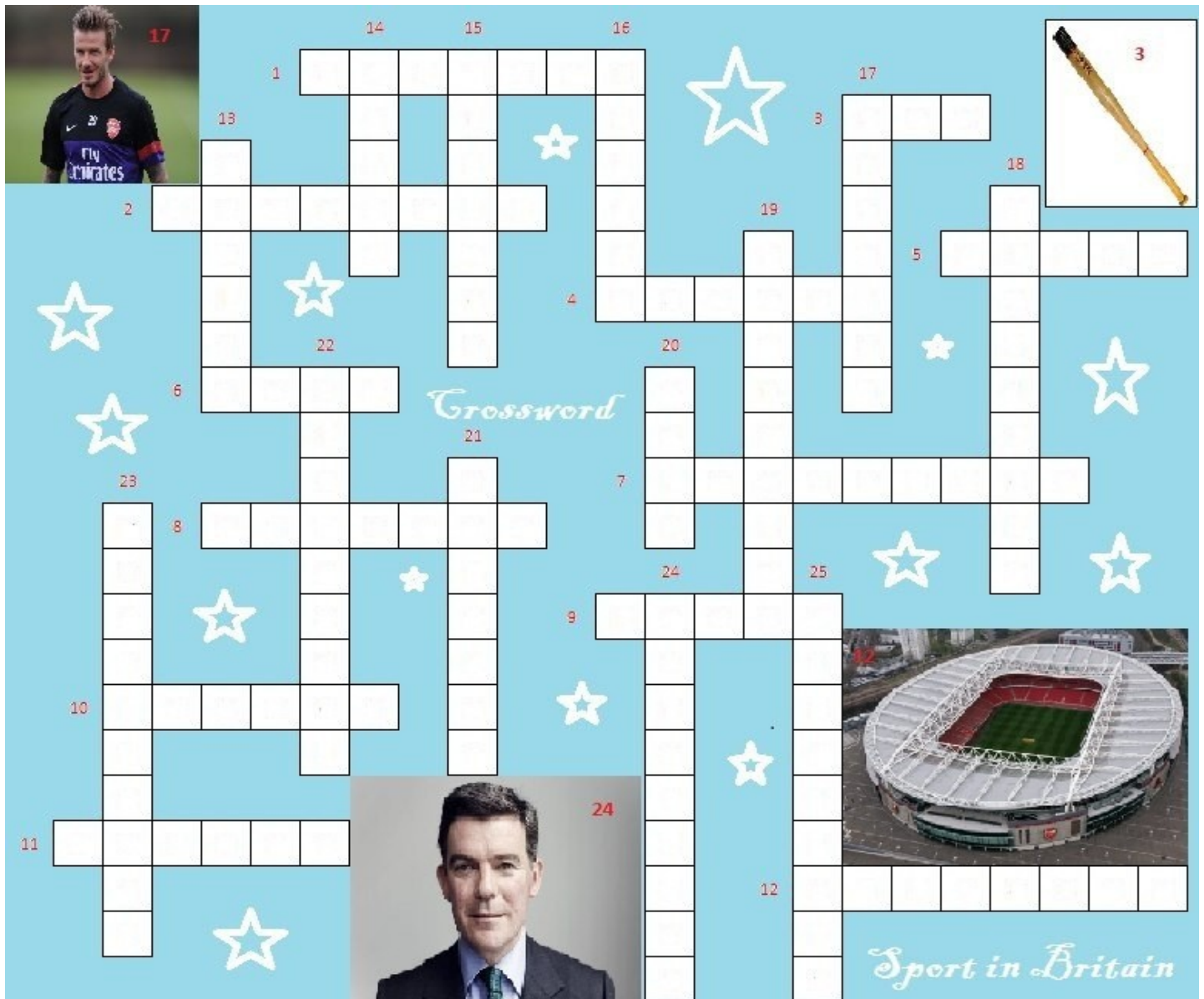
We made a booklet where everybody can see a list of the most beautiful interesting places of Ekaterinburg and the Urals. We love our motherland!

*Diana Alimova, Olga Zhukova, 8C*





# At your leisure Crossword "Sport in Britain"



## Across

1. A sport in which a bat and a ball are used. It is very popular in England.
2. World's most popular sport.
3. *Look at the picture!*
4. Playing sport indoors with rackets.
5. The oldest player in the English football championship.
6. Sports game in which individual participants or teams compete by driving a ball into a small hole punches special sticks, trying to get assigned to the distance in the minimum number of strokes.
7. The current coach of the England rugby team.
8. The best scorer of England in its history (260 goals).
9. A standard set of 9 golf clubs for golf.
10. The city hosted the World Cup Cricket in 1975.
11. Blow in squash. 12. *Look at the picture!*

## Down

13. British sport in which athletes are in the boat and rowing oars for distillation.
14. Full contact team sport which originated in England in the early 19th century.
15. English football team – the winner of the Champions League in 2012.
16. A sport usually played between two players 9 (singles) or between two teams of two players each (doubles). Each player uses a racket that is strung to strike a hollow rubber ball covered with felt over a net and into the opponent's court.
17. *Look at the picture!*
18. In 1873, Major Walter ... British Army officially patented tennis.
19. It is a racquet sport played by either two opposing players (singles) or two opposing pairs (doubles), who take positions on opposite halves of a rectangular court that is divided by a net. Players score points by striking a shuttlecock with their racquet so that it passes over the net and lands in their opponents' half of the court.
20. Place where you throw a golf ball.
21. Place of the UEFA Champions League Final 2011.
22. The most titled football club in England.
23. The sport club, founded in 1782, which became the world's most famous cricket club.
24. *Look at the picture!*
25. England is home to the oldest football club in the world. It is ...

**Boris Brainin, Danil Gainutdinov, 11C**



# Discussion Club

## Necessary profession

Society will always need people who hand over information about current events and tell about them.

There should be a big amount of such people, they ought to be everywhere, their news are expected. That is why journalism has been created.

Are you fond of writing and sharing information with other people? This profession is for you! If you choose it, you will plunge into the center of public relations and into different spheres of our life too.

The dictionary says: journalist is a person whose works are published in the mass media. Journalist's purpose is to create texts for mass consumption (through reading, viewing, listening).

Our modern world makes journalist to be multifunctional. It's necessary to have skills in reporting, taking an interview, filming and writing. Presence of these abilities opens wide horizons for the speciality. But they are not enough to get readers' love, so you should have personal qualities such as inquisitiveness, sociability, analytical abilities and powerful memory. The most important thing is to be a man of purpose.

Now let us see who journalist is in specialists' opinion. Elena Cherepenina, the editor-in-chief of "RTV" TV broadcasting State Company's branch, says: "It is a person who works for the mass media (TV, radio, newspaper). The specificity of the activity determines by the kind of media he belongs to."

Julia Poptsova – editor-in-chief of "School life" newspaper: "Journalist is not just a man. He should know everything, hear everything, see everything... He is not only a worker of a certain profession – he is a universal man. A good journalist should be a historian, a sociologist, a political scientist, a perfect literary man, photojournalist and cameraman... Journalist is a man who speaks the truth, only the truth and nothing but the truth." So, he ought to possess particular qualities!

Journalism is very absorbing, it affords you an opportunity of being into the thick of global events, communicating

with celebrities – it is interesting!

In the blog on the website myJOB Aleksandr Raschupkin (he has been working as a journalist for more than 15 years) tells about his profession: "I have chosen journalism as a job because I liked and was able to set out my thoughts in writing when I studied at school. I think, entering the journalistic faculty of The Byelorussia State University I didn't know much about this profession. Maybe illusions about reports from far-away countries and life rich of adventures glimmered somewhere. But everything turned out more prosaic and journalist is already able to understand this fact during his studying. To my mind, one of the goals of faculties (or departments at universities in regional cities) is to give students to give precise notion about profession of journalist." Perhaps this opinion doesn't coincide with dreams of journalistic-faculty-entrants, but it is quite realistic and it paints complete picture of their future. However that is thoughts of one person, his subjective sentiment.

Elena Semenkova, my classmate, the eleventh former of MSEI GSE № 67 (Municipal State-financed Educational Institution of General secondary education), is going to be a journalist. She says: "I consider journalism a very interesting business, I never wanted to have a monotonous and dull work. Journalistic gives an opportunity for creativity, good chance of progress on the career ladder, possibility of being abroad and working with people."

A journalist will be always necessary in society. People want to be well-informed about events that happen. This profession is fascinating. You describe events that are significant for people, try to interest them in news you have got. If you like this profession, but don't know where to start, you will always get a help. Good luck to you!

**Kirill Dubrovin, 11C**

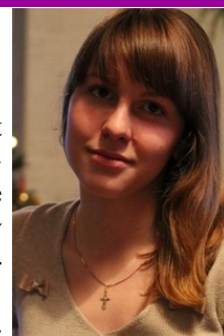


## Technology: good or bad?

Nowadays people tend to spend more and more time, working with the computers and different gadgets. Technology has both positive and negative impact on us. On the one hand, technology takes an important part in the modern society. Computers let people save the time and labor; work faster and get all information we need whenever we want. It is obviously, that it is very comfortable to communicate with people who might live all over the world; to get necessary skills and competencies from the Internet, to simplify our life in lots of aspects. Modern people, especially children and teenagers, often use a computer for entertainment, they are fond of playing computer games.

On the other hand, it is unnecessary to use computers so much. I suppose, people will manage to do without computers, although it is more slow and less convenient. In my opinion, it is much better to spend free time with the family, to talk to friends, to go for a walk, to read books or just to relax than to live the life through the Internet. We should do all possible to prevent a negative influence of technology on people.

**Evgenia Mikhailenko, 10C**



# Why I chose teaching as a career

Nowadays there are a lot of noble and great professions such as a doctor, a fireman, a vet, a scientist, a teacher, an officer and so on which require us to be completely devoted to one's work. But in my opinion teaching is the most rewarding and interesting job: everything in it is different. At the same time it is not easy and a real challenge to your abilities and talent, as teaching is a constant stream of decisions.

What is more a good teacher should find individual approach to every pupil, be innovative in teaching techniques, encourage critical thinking, ask probing questions, maintain discipline and a lot more difficult things a teacher copes with. All these things in teaching attract me, but it was not immediately obvious for me.

At first English was one of my hobbies. When I was seven years old my father sent me to an English tutor. I began to attend classes of English and made progress. Every summer (once in winter) I went to an English camp called "Hilton" where I had a good opportunity to associate with native speakers of English, train and improve my knowledge of the language. Also I met new friends from the USA.



Some time later I was a success in English at school. I took part in an English contest where I took the second place in my hometown.



Of course, there was one more reason which helped me to understand my vocation. When my little brother was born and this fact inspired me to deal with children all my life. Only after that I began to consider teaching as a career.

To my mind to be a good teacher you must be genuinely interested in what you are doing because a teacher works with young people, opens their eyes to something new and different, teaches them right things. An ignorant teacher teaches ignorance, a fearful teacher teaches fear, a bored teacher teaches boredom. However a good teacher catalyzes in his pupils a burning desire to know and love for the truth and beauty.

I'm sure a person who wants to devote his life to teaching needs some essential qualities for this job: patience, stamina, creativity, intelligence, goodwill, determination, reliability and etc.

In conclusion I strongly believe that I'll never regret my choice because even if I have my bad days at school I know that tomorrow is a new day and I and my children will start afresh.

P.S. Thanks a ton to school 67 for getting a valuable experience and training.

*Vlada Kinkurogova,*

## To clone or not to clone?

Cloning is one of the most extraordinary discoveries of mankind. The discovery of cloning can be both beneficial and harmful to society. There are many reasonable methods of cloning. Cloning in the field of medicine could have practical applications. For example, genes from humans that produce necessary proteins could be included in the animal DNA so that the animal would produce that protein in its milk or blood. That protein could then be extracted and used in treatment for various human diseases or disorders. Through cloning technology, genetic defects could be treated enabling the person affected the possibility of longer life. When transplants are needed, it could give physicians the ability to create body parts through DNA.

Although correcting genes and creating body parts is good, I think it would be harmful for a human to be cloned. Moral issues could also raise questions that cloning does not respect that humans have souls and we are taught to believe each one of us is unique. Human cloning could also be harmful in the decline of genetic diversity. Cloning of human body parts can also be harmful if it gets into the wrong hands.

I think the discovery of cloning is very interesting but, also has many unanswered questions. There are things that need to be sorted out such as. It would be terrible to think that the wrong people would abuse such a discovery.

*Mikhail Chuguev, 11A*



# Our Achievements

Юность. Наука. Культура.



**Всероссийский конкурс проектов  
"Созидание и Творчество"**



Evgenia Mikhailenko, Anastasia Chufarova, 10C, Daria Demidovich, 9C, Anastasia Stepanchuk, 10A, Olga Skryabina, 11C, became the winners of the All-Russia Contest of Students' Projects «Созидание и творчество». Olga Zhukova and Diana Alimova, 8C, took the II place in the International Contest of Students' Projects "Мой город – лучший город Земли!"

We congratulate our schoolmates and wish them every success!

You can see their projects :

<http://nsportal.ru/ap/ap/drugoe/prezentaciya-school-education-russia-and-britain>

<http://nsportal.ru/ap/ap/drugoe/issledovatel'skiy-proekt-school-education-russia-and-britain>

<http://nsportal.ru/shkola/inostrannye-yazyki/angliiskii-yazyk/library/prezentaciya-k-proektu-my-native-land>

<http://nsportal.ru/shkola/inostrannye-yazyki/angliiskii-yazyk/library/booklet-welcome-ekaterinburg>



Boris Brainin and Danil Gainutdinov, 11C, are the winners of the Contest «Youth in Modern Times», Institute of Foreign Languages, USPU



Aleksey Chikurov took the I place in the City Contest of the profession-oriented projects. The theme of his project was «Profession—a translator».





The Contest «Переводчик года-2013» had a great success. It took place in the Urals Humanitarian Institute and caused an enormous interest among the students and teachers from Yekaterinburg and all the Sverdlovsk region. The pupils of our school took part in the contest. Alina Mindubaeva, Evgenii Sitnikov, Irina Goncharenko, Aleksey Chikurov had a great success and were awarded diplomas. Well done! We congratulate our brilliant schoolmates and their teachers!



The winners of the contests of the School Week of Foreign Languages—2013

Tanya Zyankina, Vika Sminova, Ksenia Mashenko, Nastya Nikitina, Taras Zakharchenko took part in the District Contest «Твоя минута славы». They sang songs and recited poems. Ksenia Mashenko took the I place!





# *We love sport!*

