



School #67  
magazine #1

# English Express

*Indian Summer is in*

OCTOBER,  
2025



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We are proud to live here

# Hello Autumn My Summer

In the summer, I went to visit my grandparents in the countryside. In June, we started planting vegetables and herbs. We also prepared firewood for the sauna. We also sunbathed. In July, we set up a swimming pool. We swam and ate berries. I also had a birthday. In August, we removed the summer pool until next summer. That's how I spent my summer.

**Mark Mullanurov, 7B**



This summer was filled with vivid impressions... I went to the ORLYONOK camp with a dance group. We performed at the camp's anniversary. ORLYONOK celebrated its 65th anniversary. It was an unforgettable experience that I will never forget. After the camp, my family and I went on a vacation to the sea. We had a great time... After returning home, I went to my grandmother's village to help her pick berries and fruits, which we used to make jam and compote! That was the end of my exciting summer.

**Behktereva Sophia 9B**

In the summer, my family and I went to the sea. Our journey was long and interesting. We passed through the Republic of Bashkortostan, the Republic of Tatarstan, the Orenburg Region, the Samara Region, and the Saratov Region.

Along the way, we visited various attractions and tried the local cuisine. I was especially impressed by the city-hero Volgograd. I was surprised by the power of the Rodina-mat monument. The final destination was the village of Divnomorskoye. We lived in a mansion by the sea. Every evening, we admired the sunsets. We walked along the sandy beaches. In addition to my time at the beach, I spent a lot of time with my friends. We organized picnics in nature and enjoyed each other's company.

The summer was wonderful, but it passed very quickly. The summer holidays left many pleasant memories. I hope the next summer will be just as exciting and interesting.

**Begunkova Varvara 9B**





Ich hatte diesen Sommer richtig viel Spaß. Ich habe als Kurier gearbeitet, Luftballons aufgeblasen und sogar ein Maskottchenkostüm getragen.

Ich habe mir für 1.500 Rubel ein BMX-Rad gekauft und versucht, es zu reparieren. Ich dachte, es wäre ein Problem mit dem Ritzel oder der Kette, aber leider stellte sich heraus, dass es die Sperrlinke am Hinterrad war. Ich war diesen Sommer auch bei einer Pitbike-Parade, und einer der Fahrer hat zwei Tricks mit mir gemacht.

Ich bin auch eine PROGASI SMART 125 und eine MÖTÖRHEAD YM125 17/14 gefahren, und es hat viel Spaß gemacht. Dieser Sommer war unvergesslich.

**Kottlov Maxim, 7G**



Summer is the coolest time of the year! This summer, I spent time in two different places: Turkey and a village. Each of these places brought me a lot of joy and adventure!

First, I went to Turkey at the beginning of the summer. It was amazing! We stayed by the sea. I swam in the water and played on the beach. Every day, my mom and I went to different restaurants and tried the local food. I ate a lot of delicious dishes, such as kebabs and gozleme. Kebab is familiar to many, but gozleme is unlikely. Gozleme is a Turkish dish (a flatbread made from dough on a round stone, with either potatoes or something else inside).

There were various clubs and games at the hotel near the beach. I met a boy from Kazan, and we went water-skiing together. I'm glad I was able to make a new friend. The summer in Turkey passed very quickly, and I tried to enjoy every moment.

At the end of June, I went to the village to visit my family. It was a completely different place, but still very interesting! There were lots of green fields and trees in the village. I helped my family pick berries.

After work, I went for walks in the forest and rode my bike. I explored the area with my cousin and even found a small pond. I went fishing with my grandfather. We sat on the shore together, waiting for the fish to bite.

It was an unforgettable summer! I had a great time both in Turkey and in the village. Now I have many interesting memories, and I am already looking forward to next summer!

**Kniazev Semion, 7G**

## My Summer Weekend

This summer I visited my grandmother in her village in the Zabaikalsky Krai. The journey was long—4500 kilometers by train and bus. I enjoyed traveling by train, admiring the changing landscapes, cities, and magnificent Lake Baikal from the window.

My grandmother's name is Ekaterina Alexandrovna Miller. Despite her age, she is very active and kind. Every morning began with the smell of her delicious pancakes. During the day, my cousin and I went swimming and sunbathing, and in the evenings we helped my grandmother in the garden. My brother also taught me how to drive. We went to training sessions, played volleyball and football, I met up with friends, and even performed in a concert for Russia Day.

I really enjoyed this weekend and I want to visit again next summer.

**Miller Yevgeny, 7V**



I spent a lot of interesting time during the summer. First, I went to the Obukhovsky sanatorium, where I had a great rest and improved my health. There were beautiful parks and fresh air, which helped me relax. I attended treatments and went to the swimming pool, which improved my well-being. After the sanatorium, I went to my friend's dacha. We went for walks, picked berries, and enjoyed nature together. In the evenings, we sat around the campfire and shared stories. In addition, I spent a lot of time walking around the city, exploring new places, and meeting friends. My summer walks brought me a positive mood and a boost of energy. This summer was full of exciting and memorable experiences. I gained a lot of positive emotions and strength for the upcoming academic year. I am already looking forward to the next summer!

**Kuzovkova Milana, 9V**

## **My Summer**

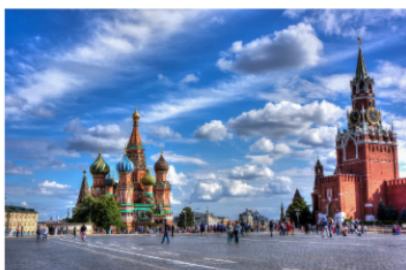
This year has turned out to be very hectic and unpredictable, so has the summer. It started unexpectedly for everyone in May, if we speak about the weather, and finished in June. But to my mind it's more agreeable if you need to attend to business and then you may relax. That was my idea which worked perfectly.

First, I went on a trip to Moscow. The city was in a perpetual rush. People hurried to and fro here and there. I hardly had time to relax and enjoy myself. Still I met friends and had some quality time with them. Time passed by very quickly and the plane took me home in a blink of an eye.

Shortly after there were some drives alongside our region. Countryside is always beautiful and relaxing. It gives you strength and new experience. Every time it's new feelings, new thoughts, new people, new impressions that carry you away and linger on for some time after. It's curious how some transient emotion may tell upon you when you least expect it. But it's another story.

All in all, this summer was very productive for me. I had time to relax, attend to things postponed indefinitely and just be. Sometimes it's necessary to forget about everything and enjoy the moment you are in. That is what I did.

**Shadrina Natalia**



In June, I went to Nizhny Novgorod, where I celebrated my birthday and had a good rest with my family. There, I visited the Kremlin and took a steamboat ride along the Volga and Oka



rivers. I went on an excursion to the GAZ factory and also visited the Ariel Christmas ornament factory.

In July, I went to Lake Baltym with my friends almost every day and walked a lot. I also went to the dacha with my parents to plant carrots, beets, and many other vegetables. I went to my friends' birthday parties at a trampoline park and played scary quests.

**Ryzhkov Alexander, 9A**

I spent the first half of summer out on the seaside in Sochi, where I relaxed at Krasnaya Polyana. We went every morning to sunbathe and swim in the sea. The weather was wonderful.

We visited the mountains, went to Abkhazia, and simply enjoyed the beautiful city. After a seaside vacation, I went to Kazakhstan to visit my grandparents, where I met my best friend and family. It was the best time, because every summer I come to my beloved country and meet my loved ones. The remaining month of summer was spent in the city and at the dacha. When I was at the dacha, we went swimming in the lake, barbecued, and walked through the forest, and in the city I spent time with friends. This summer was filled with bright moments and I will remember it for a long time.

**Kruchkova Sophia, 11A**

I remember a lot about this summer. And I have both good and bad memories of it. But there are more good ones. For example, how I spent time with my friend all day long. I still remember some funny cases that happened to us. I hope it will happen again.

Also, I went to the village. Here I helped my grandparents and enjoyed nature. It was very cool there. I think, I will come back in my lovely village next summer.

My family and I also went to the sea. I enjoyed swimming and sunbathing there. But my younger brother was with us and he was always acting up.

In conclusion, I can say that this summer was wonderful. I enjoyed it very much!

**Dovgaya Alice, 8A**



Autumn is one of the most beautiful seasons of the year. It comes gradually with the first falling leaves and thrives with red, yellow and brown trees, birds flying to the south and frosty nights. People turn to warmer clothes to feel comfortable when it's getting cold outside. Days become shorter and it seems like people strive for more daylight. Nature is preparing for a long sleep to awaken fresh and full of energy to give birth to new life in spring.

Indian summer is one of the best moments in autumn. It is a chance to enjoy once again sunny, warm days before winter with its snowfalls, cold winds and multi-layered clothes. Many people go to the countryside then to enjoy it to the full. Forests, fields, valleys are all coloured so beautifully and it seems as if a skilful artist has transformed everything with just one stroke of a brush. It gives inspiration to create wonderful pieces of art, poetry, music, etc.

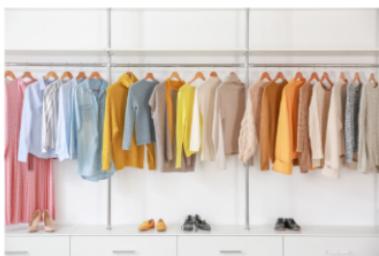
Enjoy every moment of autumn, live it to the full.

**Shadrina Natalia**

# Autumn Trends

Things become a reflection of your inner state and mood. The main color of this autumn season is red. It gives the image dynamics and energy. Feathers will be an alternative to fur for decoration. They can be used to decorate both outerwear and dresses and accessories. When choosing fabric, opt for corduroy, suede, and soft materials. The usual V-shaped neckline will be replaced by a high collar and massive scarves. Textured wool and angora accessories will be in demand. Hats, scarves, and mittens with added angora and raccoon fur look premium, soft, and voluminous. In the fall, we'll also see new shoes, such as narrow models that wrap around your feet like a second skin, or vice versa, with a built-in assembly.

**Behktereva Sophia 9B**



With the arrival of autumn, nature changes its colors, and fashion follows suit, offering us new looks and ideas. Autumn fashion is a rich palette of colors. Shades of yellow and orange remind us of the leaves that fall from the trees. This season, sweaters, coats, and scarves are popular, providing warmth and style. Warm fabrics and thick cotton are the favorites of this time. They are pleasant to the touch and keep you warm. Leather jackets are the perfect addition to your autumn wardrobe. They add a touch of elegance. Hats and gloves are soft accents in the look. Autumn is a time for comfortable shoes and boots. There is a wide variety of models, from leather to suede. Comfortable autumn shoes are not only stylish, but also provide comfort during rainy walks. Autumn fashion is also an opportunity to express your individuality. Everyone can create their own autumn style. Autumn fashion is an opportunity to play with colors, textures, and shapes!

**Begunkova Varvara, 9B**

## Autumn Fashion in Russia

Autumn in Russia is beautiful. The trees are yellow, red, and orange. The air is cool, but not too cold. People start to wear warmer clothes. Jackets and coats are very popular. Many people wear scarves and hats. Boots are also important in autumn. They protect feet from rain and cold.

Russian women often wear long coats and stylish scarves. Men like simple jackets and sweaters. Warm colors like brown, beige, and dark green are very popular. Some people wear jeans, others prefer trousers. In cities, people try to look elegant. In villages, clothes are more practical.

Autumn fashion in Russia is not only about warmth. It is also about style and comfort. People mix different colors and textures. Every autumn, Russian streets look bright and cozy.

**Orlova Veronika, 9B**



In autumn it gets cold, so you need to dress warm and comfortable. At this time of year, they wear soft sweaters and warm jackets to keep warm. The main thing is a coat, most often brown, gray or burgundy. To keep warm, they wear large scarves and beautiful hats. Often, in the morning and in the evening, they wear several layers of clothes - for example, a T-shirt, a sweater and a jacket. Jeans and warm pants help to feel comfortable every day. The colors of autumn are bright, like leaves, such as yellow, olive, and red-brown. Leather bags and boots look very beautiful and warm. The makeup is simple to look natural. Autumn style is about comfort and beauty, which helps you feel good and warm.

**Kuzovkova Milana, 9V**

# My School

My school is close to my house, and I walk there every weekday. The building is beautiful and bright, and there are many rooms, a gym, and even a library.

At school, we study many different subjects. Art, physical education, and history are my favorite subjects. Art is interesting because it involves drawing, and history helps me learn about the people and events that came before us. The teachers at our school are kind and always ready to help.

Our school has various holidays and events. We hold contests and holidays, such as "paper collection" and Teacher's Day. I always look forward to these events, as they provide an opportunity to have fun.

My school is where I learn. I love my school for its interesting lessons. I hope that there are many exciting things ahead of me!

**Kniazev Semyon , 7G**





1. Plan your time - create a study schedule to manage your workload effectively and avoid procrastination.
2. Break down the material - dividing it into smaller chunks makes it easier to remember and understand.
3. Use the Pomodoro technique - studying for 25 minutes with 5 minutes of rest increases productivity.
4. Take notes - writing down information helps to organize and reinforce your learning.
5. Teach others - explaining a topic to a friend strengthens your knowledge.
6. Use visual materials — diagrams, graphs, and tables make it easier to understand complex concepts.
7. Repeat regularly — repeating information at intervals improves long-term memory.
8. Study in a comfortable environment — minimize distractions and create a conducive learning space.
9. Eat a healthy diet — a balanced diet improves concentration and energy levels.
10. Take notes in the margins — this helps you quickly locate important ideas when you re-read.

**Kuzovkova Milana, 9V**

# My Hobby

At the moment my main hobbies are photography and reading.

I started taking pictures with a digital camera 3 years ago. I was inspired by my friend who brought his camera on one of our walks. I thought it was a very unusual activity and I liked the special atmosphere in the photos. You kind of get a feeling of nostalgia when you look at these photos. It's very interesting. Now I have 4 cameras in my collection. The only thing I don't like about this is looking for a new camera, it can be really difficult,ahaha. Reading wasn't that easy. I hated reading all my life, I didn't like the process itself. But everything changed in the 9th grade. At school, they started studying more interesting books, and for the sake of interest, I decided to take a literature exam. I liked noticing some details, analyzing. It turns out that there is quite a lot of psychology in literature. Perhaps my favorite books from school literature are «Oblomov», «Eugene Onegin» and «A Hero of Our Time». I advise everyone to read them. Classic literature is generally useful.

I think it's important to find your calling in life. Don't be afraid to try new things, and if something doesn't work out at first, it's not a reason to give up. Look around: maybe you'll catch inspiration completely by accident

**Alina Muhametzyanova, 11 B**

## **My hobby is dancing.**

I loved dancing from an early age. At the age of 3, my parents enrolled me in a children's art school. I started attending choreography classes. At this school, I learned various dance styles. At that time, I didn't realize how important this art form would become for me. There were 20 students in my class. We became close friends. I made my first stage performance at the Lavrov Concert Hall. It was an unforgettable experience.

After that, we started traveling to different cities every year for competitions. I visited cities such as Moscow, Tyumen, Chelyabinsk, Kazan, Sochi, and St. Petersburg. We won first places and Grand Prix for our performances.

Dance is a way for me to express myself and feel liberated. It teaches me to be punctual, organized, hardworking, and resilient. I can't imagine my life without dance, as it has become an integral part of my existence.

**Begunkova Varbara 9B**



My favorite hobby is dancing! I've loved dancing since I was a child. When I was 4 years old, my mother took me to dance classes. I'm a professional dancer at School of Arts and Crafts No. 5.

When I go to dance classes, I forget about all my difficulties and problems. I love dancing. It brings me a lot of positive emotions and energy. Thanks to dancing, I've made a lot of new friends. When we come to performances, we support each other and it's like we're one big family! And it's very cool...

**Bektereva Sophia 9B**



Mein Hobby ist Boxen. Ich boxe jetzt seit einem Jahr. Ich habe bereits an meinem ersten Boxwettbewerb teilgenommen und den dritten Platz belegt. Ich habe auch 5-6 Jahre lang Sambo gemacht, aber mir wurde es langweilig und ich habe aufgehört. Ich habe nur an vier Sambo-Wettbewerben teilgenommen, aber leider keinen einzigen gewonnen. Ich habe auch ein Jahr lang Basketball gespielt. Ich habe für die Schule Nr. 107 Basketball gespielt. Mein Hobby ist das schwarze Quadrat.

**Kotlov Maxim, 7G**

I have a very interesting hobby – it is soldering! I started doing it when I bought a soldering iron. At first I didn't know what to do, but every time it became more interesting. Soldering is like creating something from nothing, and it makes me very happy!

When I solder, I work with small parts. Sometimes I build different models, such as radios or small flashlights. It's like a construction set, but with wires and circuit boards. Soldering requires special tools, such as a soldering iron and solder. The soldering iron heats up, allowing you to bond metal parts together. It's like magic when two pieces of metal become one!

I watch a lot of YouTube videos where experienced craftsmen demonstrate proper soldering techniques. They explain how to choose the right components and connect them to ensure proper functionality. Sometimes, I follow the instructions and create models, while other times, I let my imagination run wild. It's a fun experience to rely solely on your creativity!

**Kniazev Semion, 7G**



Hobbies help people understand their talents and strengths, so that they can pursue their passions and achieve financial freedom in the future.

At the age of three, my mother took me to an acrobatics class, where I learned not only to be flexible in my movements, but also to be flexible in my attitude towards people. I also learned to be patient and disciplined. After acrobatics, I spent four years practicing taekwondo, where I learned to be kind to people and to solve problems peacefully. However, if it comes to self-defense, I will not hesitate to protect my friends and myself.

For 2 years, I was engaged in cross-country skiing. I stopped getting colds and became hardy and resilient.

I love to ski down high slopes with my dad. In winter, we go to our Ural ski resorts together: Pilnaya, Belya, Teplaya, and Volchikha.

When I go to the sea, I always take a few diving lessons to feel the cosmic floating, freedom, and see dolphins and turtles. I have an international diving certificate.

My main hobby is Formula 1 racing. This summer, I took karting lessons at the Olympic Village in Sirius, where international races were held. I placed second among 10 other adult participants. I love the speed, the thrill, and the feeling of deep concentration and focus. Karting helps me to solve complex problems by focusing on simple and effective solutions. My favorite driver is Max Verstappen from the Netherlands. He is a handsome, courageous, and reliable young man.

The next stage of the race will be held this year in the city of Singapore. I would love to fly to this exciting competition. One day, I will definitely go to Formula 1 as a fan or even as a participant.

**Bureyeva Elizaveta, 9y**



# What is the Urals?

The Urals in Russia plays a leading role in Russia's economy, history, and culture. The territory of the Urals can accommodate 10 Frances and has several geographical poles, stretching from the Arctic to the southern latitudes on the border with Kazakhstan. The nature of the Urals is diverse and can surprise even the most experienced travelers with its mighty cedars, fluffy fir trees, curly birches, and scarlet mountain ash. From the steep mountain peaks of Taganay, Arakul, and Konzhak, you can admire the Ural rivers Chusovaya, Iset, Serga, and Belya. And from the mouth of the Kama River in the Perm Territory, you can even make a round-the-world trip.

The Urals is home to deposits of minerals used in metallurgy, mechanical engineering, and aircraft manufacturing. Every city in the Urals has a factory or plant that produces strategic goods, from machinery and tools to sophisticated military and space equipment. The Urals is also known for its stunning handcrafted jewelry, which can be found in the Hermitage Museum. The Urals has a harsh climate, which contributes to its strong and resilient character. But despite the cold winters and not-so-hot summers, the people of the Urals know how to grow watermelons, plums, and pears in their dachas. The forests are full of berries and mushrooms. The geographical location of the Urals is a separate story. On one side, it is in Europe, and on the other side, it is in Asia. Both parts of the world give the Urals a special place in the heart of Russia. And this is true - the Urals is the vast, powerful, and reliable heart of our homeland.

**Bureyeva Elizaveta, 9B**



## Ural Mars

This summer, I finally went to this unusual place. It is the so-called "Ural Mars," located near the town of Bogdanovich in the Sverdlovsk region. Despite its name, "Ural Mars" is not a planet or a space-related phenomenon but a striking geological formation that resembles the surface of Mars, captivating visitors and geologists alike.

The official name of "Mars" is the Poldnevsky section of the Troitsko-Baynovsky deposit of refractory clays. The quarry was first developed in the 19th century. Clay extraction began in 1930 with the construction of the Refractory Plant in Bogdanovich.

The similarity to Mars is due to the shapes in which the clay hardens, as well as its color scheme. However, it would not be so similar to another planet if it were not for the human hand that has shaped the clay into various craters and hills. The coloration of the terrain, primarily due to iron oxide, gives it the distinctive reddish hue reminiscent of the Martian landscape as depicted in science fiction.

At the bottom of some quarries, clay hills form something like islets surrounded by water, creating interesting views from above. The water has an unusual color because of high content of various elements in the clay: pyrite, mica, quartz grains, marcasite, rutile.

While "Ural Mars" is primarily a natural landmark, it also holds cultural significance for local communities. The area has attracted explorers, tourists, and photographers seeking to capture its otherworldly scenery. In recent years, it has become a popular destination for outdoor enthusiasts interested in hiking, geology, and photography.

It was an amazing trip. I really advise you to go to "Mars" one day. It's really worth visiting.

### Shikhovtseva Maria



# My City

Yekaterinburg is probably the coolest city in the world! I love my city because there are many interesting things here. It is located in the Urals, and this is very important because it is the border between Europe and Asia.

There are many beautiful places in Yekaterinburg. For example, there is Vysotsky, which is a very tall skyscraper. I've been there, and there's a beautiful view of the whole city from above. There is also a huge park called the Lighthouse. You can walk, rollerblade, or just relax there. There are often different holidays there.

I like to go to the "Veer Mall". I've seen different exhibitions, shops and movies there. Sometimes they hold different festivals!

Also in Yekaterinburg there is the Iset River. In summer you can walk along its banks. There is a lot of snow in Yekaterinburg, and when the first snow falls, my friends and I have snow battles.

**Kniazev Semion, 7G**



London is the capital of Great Britain ... This phrase set a limit on the vocabulary of the majority of Russia's population. Now and then it might be desired to share interesting thoughts on the fate of mankind and eventually make a pleasant impression speaking a foreign language, so I thought and went to the Faculty of Foreign Languages. During my studies I traveled to Germany and the USA, it was a valuable experience and an opportunity to improve my foreign language skills. Such that I had a great experience to work in the foreign company Big Dutchman. The company produces the equipment for agriculture, has a head office in Germany, agencies in more than 100 countries around the world. I appreciated my work because it was interesting and multitask. I went on business trips to Europe. For me it is not difficult to solve working issues with foreign colleagues, as I speak German and English. Meanwhile I would like to add that I worked in Moscow, although the company has an office in Yekaterinburg. And do you speak fluent in English, do not you?

Are you ready to conquer the world's largest metropolis? It will be Moscow or London's up to you! Good luck!

**Dorozhkina Natalia, Moscow**



Paris is the capital of France. It is also known as the city of love. Everyone wants to travel to this amazing and gorgeous city. The main attraction and symbol of Paris is the Eiffel Tower. There is also the famous Notre-Dame Cathedral, which caught fire in 2019, but it was fully restored at the end of 2024. Besides, there are many other sights. Paris is also the capital of fashion, and many famous fashion brands were born there. I really want to visit this awesome city.

**Svinina Kira, 10 A**

My home city is Yekaterinburg. I was born here some time ago. I used to grow up here, go to school, then to University and work. Every corner is familiar and dear to me here. Many memories come to mind when I come to this or that place.

The city turned 300 years last year and its history is closely connected with the history of the country. It has seen famous politicians, singers, artists, the tsar family and many others. Each year its face is changing profoundly and if you happen to be absent here for some time, you may be in for a great surprise for how much it has grown up, how modern and beautiful it has become. Where there used to be shabby houses, now there are skyscrapers, beautiful art galleries, new housing areas with all the necessary facilities and infrastructure.

One can't but fall in love with our city. It offers all the opportunities for life and entertainment. The suburbs impress with the splendor of the rural nature and inspire to create, be it a piece of art or one's own life.

**Shadrina Natalia**







Editor: Shadrina Natalia

Thanks to: Chekryzhenkova Elena, Shihovtseva Maria

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